



California's Master Plan for Aging Building a California for all Ages & Abilities

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California's Aging Population

Anticipating Dramatic Growth in the Number of Older Californians

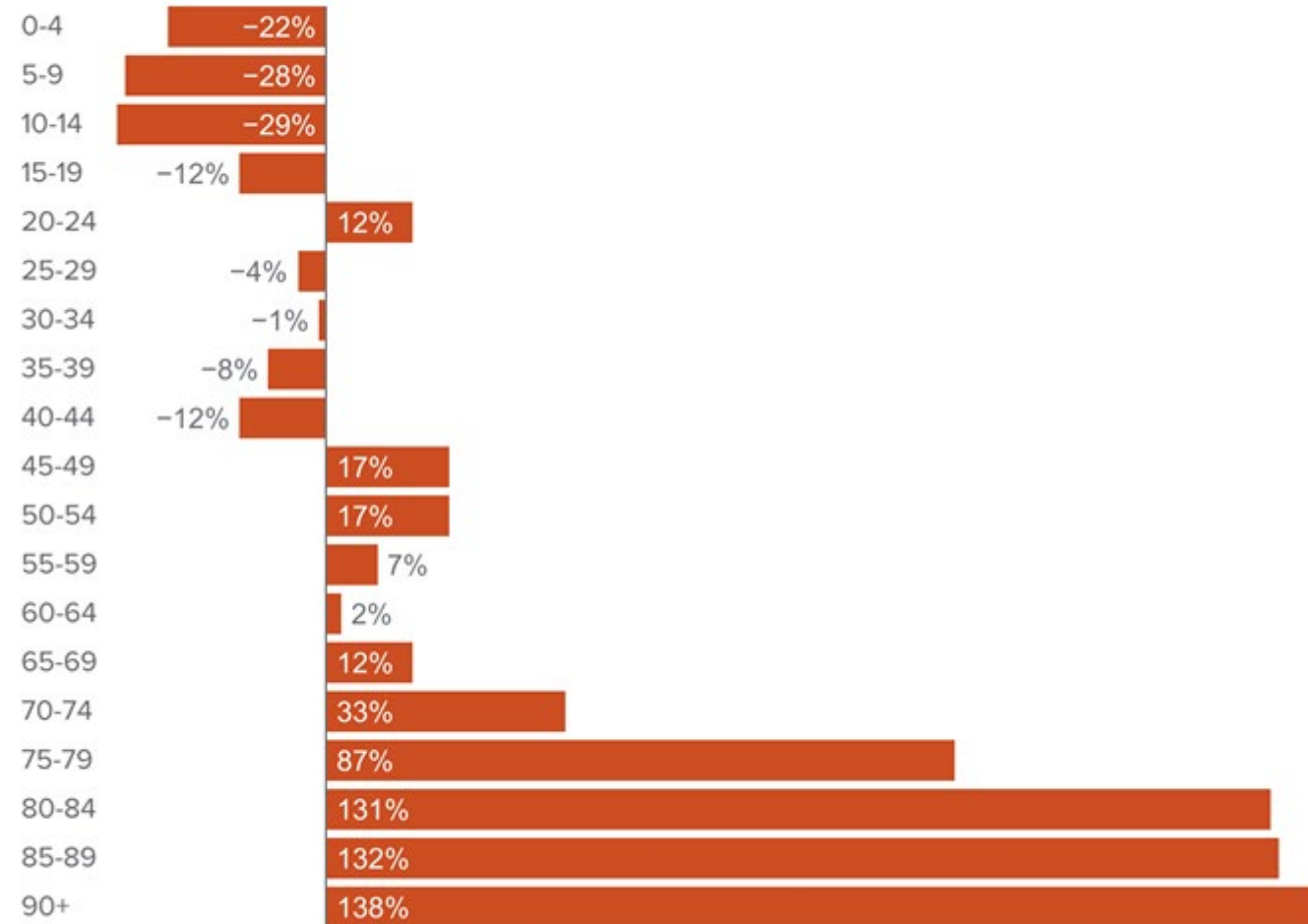
Source:
[Public Policy Institute of California](#)
(January 2025)



Older populations will increase dramatically

Percent change, 2020–2040

Numeric change, 2020–2040



SOURCE: California Department of Finance, Population Projections, Vintage September 2024.

Administration and Legislative Leadership



EXECUTIVE DEPARTMENT STATE OF CALIFORNIA

Executive Order N-14-19

WHEREAS, the State of California values older Californians and is committed to building an age-friendly state so that all Californians can age with dignity and independence; and

WHEREAS, California's over-65 population is projected to grow to 8.6 million by 2030, an increase of four million older Californians;

WHEREAS, the composition of older adults will change as they are more ethnically diverse and more likely to be single or childless, live alone, work longer, have lower incomes and have less retirement savings;

WHEREAS, all older adults, and those with disabilities, should be able to choose to remain in their communities as they age, a choice requires access to a broad range of public resources, and supports, including health, homecare, food services, housing and transportation; and

WHEREAS, older Californians contribute to the health and vitality of their communities by raising and mentoring younger generations;

WHEREAS, direct care workers and family caregivers provide essential care for older adults with disabilities, and demand for this care is growing; and

Senate Bill No. 228

CHAPTER 742

An act to add Chapter 14 (commencing with Section 9850) to Division 8.5 of the Welfare and Institutions Code, relating to aging.

[Approved by Governor October 11, 2019. Filed with Secretary of State October 11, 2019.]

LEGISLATIVE COUNSEL'S DIGEST

SB 228, Jackson. Master Plan on Aging.

Existing law requests the University of California to compile specified information, including a survey of existing resources throughout California's governmental and administrative structure that are available to address the needs of an aging society. Existing law requires the Secretary of the California Health and Human Services Agency, based upon the information compiled by the University of California and with the consultation or advice of specified entities, to develop a statewide strategic plan on aging for long-term planning purposes and submit the plan to the Legislature.

By executive order, the Governor ordered that a master plan for aging be developed and issued to serve as a blueprint to implement strategies and partnerships that promote healthy aging and prepare the state for upcoming demographic changes. The executive order requires the Secretary of the California Health and Human Services Agency to convene a Cabinet-level Workgroup for Aging to advise the secretary in developing and issuing the

**Legislation Introduced
and Enacted**

Executive Order



“We need to get ready for this major demographic challenge headed our way. It’s time for a new Master Plan on Aging in California.”

– February 12, 2019, State of the State

The MPA is for ALL of Us!



**People with
Disabilities
&
Family Caregivers**



**Current Older Adults
&
Direct Care
Workforce**



**Families, Communities
&
Future Older Adults**



CA Master Plan for Aging: Commitment to Older Adults, People with Disabilities, and Caregivers



Goal 1:
**Housing for All Ages
and Stages**



Goal 2:
Health Reimagined



Goal 3:
**Inclusion and Equity,
Not Isolation**



Goal 4:
Caregiving that Works



Goal 5:
Affording Aging



Whole-of-Government & Whole-of-Society



Bridging Aging and Disability



- Many older adults are people with disabilities.
- Older adults are the largest subpopulation of people with disabilities.
- People age with and into disability.
- Both experience discrimination, stereotypes, and bias.
- Common priorities around supports to live in the community, affordable housing, accessible transportation, and more.
- Common access barriers.



MPA Stakeholder Committees and Lived Experience Advisory Board



- Disability and Aging Community Living Advisory Committee (DACLAC)
- Alzheimer's Disease & Related Conditions Advisory Committee (ADRCAC)
- CA Aging and Disability Research Partnership (CADRP)
- Equity Advisory Committee on Aging and Disability (EACAD)
- CA Elder and Disability Justice Coordinating Council (EDJCC)
- Implementing the MPA In California Together Committee (IMPACT)
- Aging and Lived Experience Advisory Board (AD-LEAB)

... **nearly 150 members** bring diverse perspectives, lived experience, and subject matter expertise to the MPA, providing recommendations to support older adults, people with disabilities, and caregivers.

Disability and Aging Community Living Advisory Committee (DACLAC)



- **The purpose of DACLAC** is to advance community living, inclusion, and integration across California and ensure the involvement of individuals with disabilities, older adults, and other partners who provide services or represent consumers.
- **Interested in Joining the DACLAC Transportation Subcommittee?**
Email Engage@aging.ca.gov. Include the following information:
 - DACLAC transportation subcommittee
 - Your name
 - Your email address

Your information and email will be forwarded to the DACLAC subcommittee chair(s) for follow-up.

MPA Transportation-Related Initiatives



- Elevate the California Transportation Commission Needs Assessment.
- Include recommendations in the final Transit Transformation Task Force Report.
- Streamline benefits eligibility process, standardize definitions, and facilitate easier access to discounts through the California Integrated Travel Project.



- Conduct and publish a Home and Community-Based Services (HCBS) Gap Analysis.
- Develop a HCBS Multiyear Roadmap to increase statewide access to HCBS.
- **Present analysis of transportation data and access to affordable, accessible transportation from the HCBS Gap Analysis.**

**Master Plan for Aging:
Long-Term Services and
Supports System Change**



Home and Community-Based Services (HCBS)










Advancing California's Master Plan for Aging

HCBS are services that support older adults and people with disabilities with activities of daily living in settings of their choice.

HCBS Gap Analysis Organizational Framework



- Caregiver Supports
- Communication/Info & Referral
- Health-related Services & Supports
- Housing
- Safety
- Social Inclusion, employment, economic support
- **TRANSPORTATION**

Domains	Domain definitions	Service categories
 Caregiver supports	Supporting people through the experience of caring for older adults and people with disabilities	<ul style="list-style-type: none"> • Caregiver information and access services • Caregiver respite • Caregiver training and support services • Caregiver supplemental services
 Communication, information, and referral services	Helping people connect to services in their community	<ul style="list-style-type: none"> • Case management • Communication or interpretation services • Legal assistance • Referral services or information and assistance
 Health-related services and community supports	Accessible and affordable health services to support individuals to remain in the community	<ul style="list-style-type: none"> • Adult day services • Assistive technology and mobility devices • Fall prevention • Health promotion • Homemaker and chore services • In-home medical services • Medication supports • Mental and behavioral health services • Nutrition • Personal care services
 Housing	Affordable and accessible housing	<ul style="list-style-type: none"> • Housing supply • Housing financial support • Support for people experiencing or at risk of homelessness • Home repairs and modifications • Other housing-related services
 Safety	Services and supports to maintain personal safety and disaster preparedness	<ul style="list-style-type: none"> • Abuse prevention and protection • Emergency and disaster response and preparedness
 Social inclusion, employment, and economic support	Encouraging civic participation and fostering opportunities for volunteerism and employment	<ul style="list-style-type: none"> • Economic assistance • Employment and vocational services • Life skills training • Social participation
 Transportation	Accessible, affordable, and safe public transport	<ul style="list-style-type: none"> • Paratransit • Transportation coordination • Grants, vouchers, and supplemental transportation

HCBS Gap Analysis

Transportation-Related Findings, Gaps, and Next Steps



- Transportation services vary
- Challenges with paratransit services
- Service providers unaware of accessible transportation services
- Individuals are not aware of eligibility
- Lack of data
- Importance of driver training and education

- Lack of accessible, coordinated transportation providers
- Rural issues
- Limited funding earmarked for older adults and people with disabilities
- Gaps in services coordination, grants, vouchers, supplemental transportation services, and paratransit services

HCBS Digital Landscape Tool



Who: State and local planners and policymakers

What: County by county Geo-Map of programs and services for older adults, people with disabilities and caregivers. Includes county demographic info.

Why: Tool to support local and state-level infrastructure planning

Where: Landscape of California's Home and Community-Based Services

TABLE OF CONTENTS

DEMOGRAPHICS

- Age
- Race and Ethnicity
- Spoken Language

PROGRAMS AND PROVIDERS

- Medi-Cal Funded Programs/Services
- Provider Locations

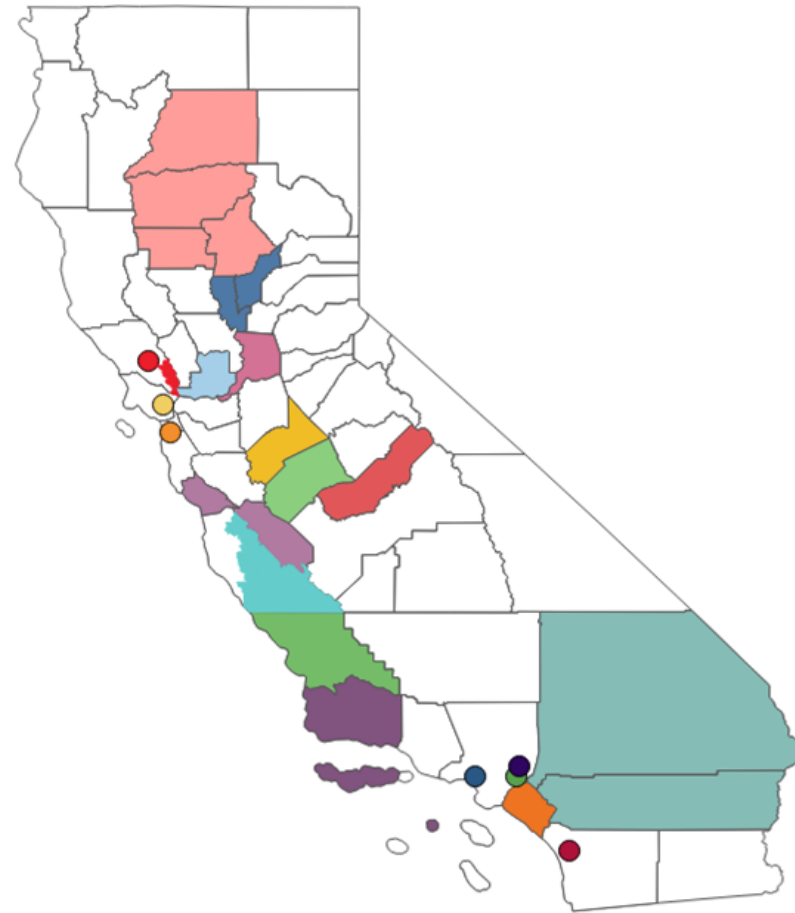
SERVICE UTILIZATION

- Respite Services
- Adult Day Programs (ADPs)
- Home Delivered Meals
- Department of Housing and Urban Development (HUD) Housing units
- Transportation

Partnering with California Communities

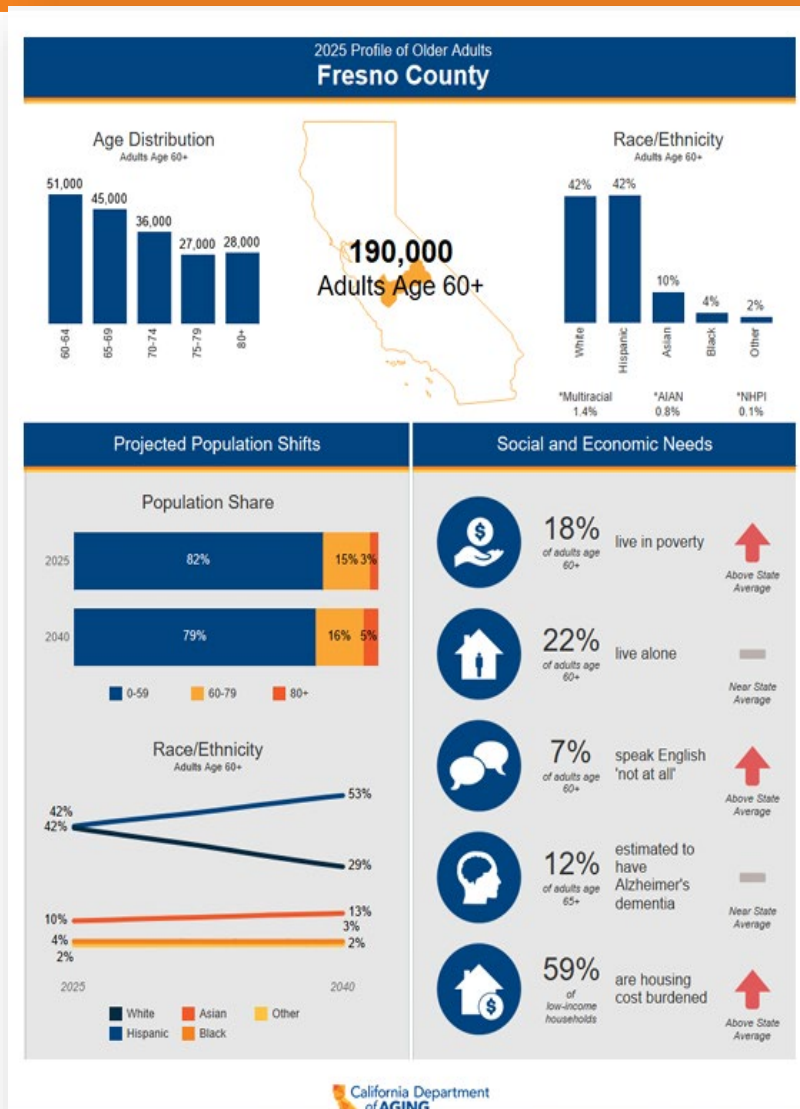


- Local Aging and Disability Action Planning (LADAP) Grant Program
- \$4.5M one-time, state general funds
- 20 grantees focused on 30 communities
- Up to \$200K per grantee
- July 2023 - December 2025, local planning and program evaluation
- [Local Plans posted on the LADAP webpage](#)
- [Local MPA Playbook](#)



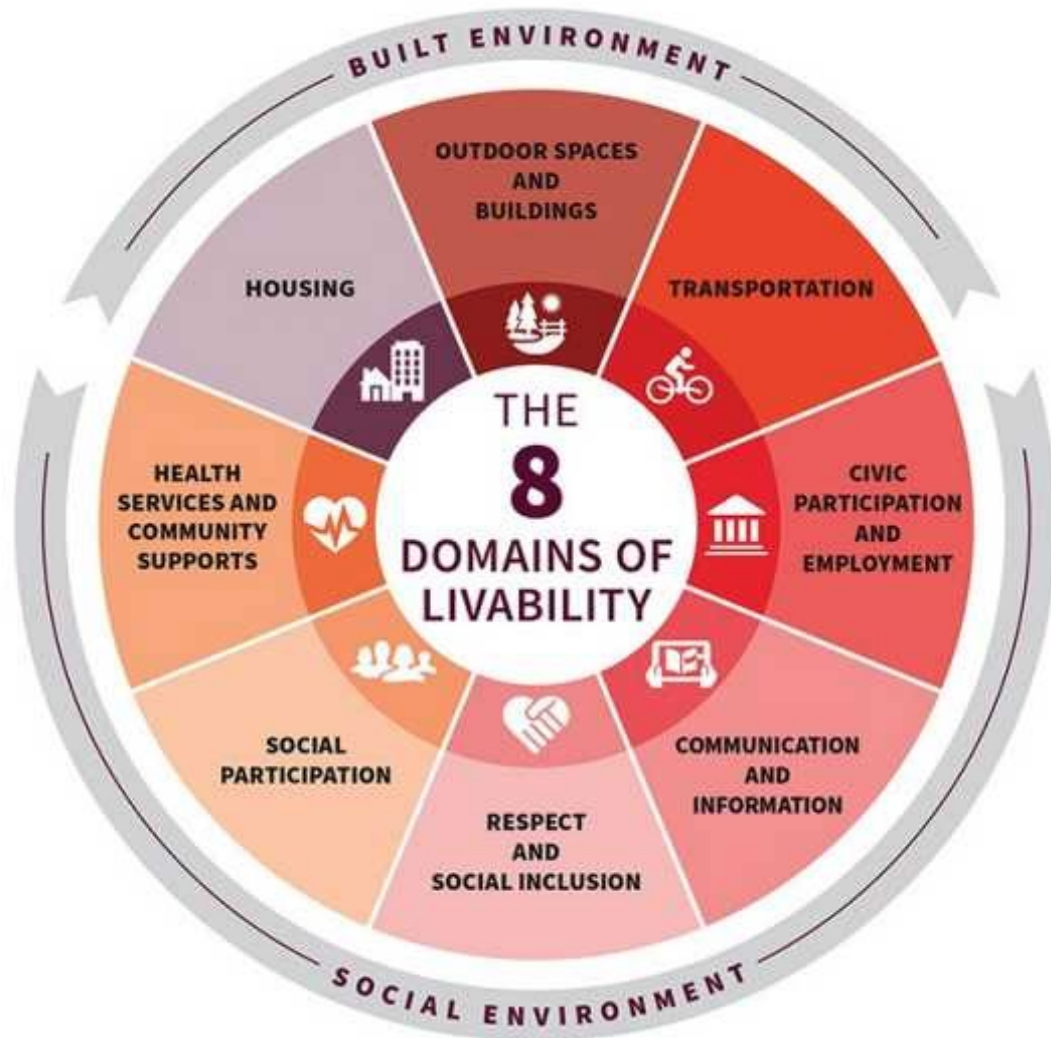
Grantee Agencies	
■	Agency on Aging - Area 4
■	Alliance on Aging
●	Center for Age Friendly Excellence
●	City of Azusa
●	City of La Puente
●	City of Santa Monica
●	City of Vista
■	Disability Action Center
■	Independent Living Resource Center
■	Inland Caregiver Resource Center
■	Madera County
●	Marin Aging and Disability Institute
■	Merced County
■	Orange County
■	Sacramento County
■	San Luis Obispo County
■	Seniors Council
■	Solano County
■	Sonoma County
■	Stanislaus County

Master Plan for Aging Data Dashboard



- State and Local Data
- County Profiles of Older Adults
 - Age Distribution
 - Race & Ethnicity
 - Projected Population Shifts
 - Social and Economic Needs
- Visit MPA Data Dashboard

Transportation – AARP Domain of Livability



- Transportation connects us all.
- Accessible, reliable, and affordable transportation enables older adults to access support/services and stay connected to their community.
- A lack of adequate transportation can have negative impacts – health, social, financial.

LADAP – Transportation & Mobility



- Community-Designed Services
- Expand Affordable & Accessible Options
- Improve Infrastructure for Safety & Comfort
- Bridge Healthcare & Rural Gaps
- Sustainability & Policy

Stay Connected



Learn more about the MPA at [MPA.aging.ca.gov](https://mpa.aging.ca.gov)

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